



## **LONDON ICE DAWGS YOUTH HOCKEY CLUB <sup>INC</sup>**

**EXCLUSIVE TO PLAYERS 3-7 YEARS OLD!**

Players require various pieces of equipment to keep them safe while on the ice. It is recommended that smaller, newer players dress at home until they are comfortable with their equipment and how to dress themselves. Many parents find it easier this way as there is less distractions for the child with only skates, gloves and helmets to be put on at the rink. We have put together a list of required equipment for you.

- Skates - Should always fit properly and never be too snug or too large.
- Helmet - Must be CSA approved with a full face mask. Must also have a valid expiry date.
- Throat Guard.
- Shoulder Pads.
- Elbow pads.
- Gloves.
- Hockey Pants.
- Suspenders - To help keep the little ones pants up!
- Jock (boys) or Jill (girls)
- Shin Pads.
- Stick - Parents who are unsure of which way their player shoots purchase a straight stick to get started.
- Hockey Socks for practice.
- Practice Jersey.
- Shin Pad Tape (optional)
- Stick tape

All of this and more can be found at Herms Sport conveniently located at:

820 Wharncliffe Road South  
519-649-0600



[www.hermssportexchange.com](http://www.hermssportexchange.com)